

ENTRY FORM

NAME(S): PHONE:
ADDRESS: EMER. CONTACT/PHONE:
CITY: ST. ZIP: E-MAIL:

Pick One

FAMILY: (Parent(s) & dependent(s) or
1 Adult + riders 12 years & under)

SINGLE RIDER:

BEFORE 5/17/10

General Registration \$40

BGLOB Club Members \$35

AFTER 5/17/10

General Registration \$45

BEFORE 5/17/10

General Registration \$20

BGLOB Club Member \$15

AFTER 5/17/10

General Registration \$25

*Fabulous
Design*

T-Shirt: \$15 each - M L XL XXL

Total:

RELEASE OF ORGANIZERS & SPONSORS WAIVER

I hereby for myself, my heirs, executors, agents and administrators waive and release any and all rights and claims for damages that I may have against the Bowling Green League of Bicyclists and its respective agents, representatives, successors and assignees for any and all injuries which may be suffered by me in connection with my participation in this event.

Signature of Rider(s):

Printed name of rider:

Signature of Parent or Guardian: (Riders under 18)

Printed name of responsible adult:

MAIL COMPLETE FORM TO: ←

Tour de Cave Bike Ride
c/o Stephen Ogden
1301 Lehman Ave.
Bowling Green, KY 42103

• MAKE CHECKS PAYABLE TO: •

Bowling Green League Of Bicyclists.
T-Shirts guaranteed only for registration received before 5/17/10.
No refunds after 5/17/10

NAT'S
OUTDOOR
SPORTS

TOUR DE CAVE

BIKE RIDE

SATURDAY
JUNE, 5TH

2010

BOWLING GREEN
LEAGUE OF BICYCLISTS

8 16 43 65 MILE ROUTES



All riders must wear a helmet. Underwear is optional.

EMAIL QUESTIONS & COMMENTS TO: STEPHEN.OGDEN@MAC.COM

COME ONE. COME ALL.

Whether you're a seasoned (dance up the hills) rider or just beginning to fall in love with your bike, we have the route for you. Cruise the beautiful & scenic Kentucky countryside into Mammoth Cave National Park (43 & 65 mile routes only) and explore the beautiful back roads of Warren, Barren and Edmonson counties on the route of your choosing.

The Tour de Cave is celebrating its 22nd year by re-vamping the longer 2 routes to include more of the national park's untamed beauty. All routes stay on the north side of I-65.

8 & 16 MILE ROUTES

Perfect for families & less experienced cyclists, these routes traverse the gently rolling terrain of South Central Kentucky. These routes provide a great opportunity to experience cycling alongside ripe fields and cow filled pastures.

43 & 65 MILE ROUTES

Both the 43 and 65 mile rides are moderately hilly (you've been warned) and take you through the beautiful Mammoth Cave National Park.

The 65 mile route offers a great opportunity to test your legs over some of Kentucky's most beautiful backwoods roads. This route no longer 'figure 8s' back to the start point nor does it drop south of I-65. This is an almost entirely new route.

All routes are fully supported, with sag stops every 15-20 miles providing Gatorade, water, snacks, and words of encouragement (only if you're nice). Roving sag vehicles are also available for road support. All riders must wear a helmet and obey traffic laws. We want everyone to have a safe & enjoyable ride.

SCHEDULE CDT

Registration 7:30 - 8:15 AM
Mass Start for 43 & 65 - 8:15 AM
Mass Start for 8 & 16 - 8:30 AM

Location: Oakland Elementary School in Oakland, Kentucky

SPONSORED BY



DIRECTIONS

From Louisville and Elizabethtown, take I-65 South to exit 38. Turn left off the exit ramp to Hwy 101. Take the first right onto Hwy 68/80. Go under the overpass, then right onto Church Street. Oakland Elementary School will be on the left.

From Bowling Green and Nashville, take I-65 North to exit 36. Turn left onto Hwy 68/80. Go under the overpass, then right onto Church Street. Oakland Elementary School will be on the left.

REGISTRATION

Register online at www.Active.com or simply fill out the form on the back of this brochure and mail it in. You can register the day of the event but will not be guaranteed a t-shirt.

For additional information, contact
Stephen Lee Ogden - Stephen.Ogden@mac.com

Or log onto the Bowling Green League of Bicyclists website at www.BGLOB.com

T-SHIRTS

Be sure to commemorate your ride with a Tour de Cave T-shirt. For just \$15 you can guarantee this classy design (featured below) is all yours. Shirts are guaranteed only for those who register before 5/17/10.



See back for registration pricing and other important information.